

**1. There will be new Starting times for Saturday matches as per the below table, with the Under 19's now starting at 10am and the seniors coming forward to 2pm**

**3 game fixture**

Grade	Day	Start	Each quarter duration	¼ time break	½ time break	¾ time break
Seniors	Saturday	2:00pm	20 mins + TO	5 mins	15 mins	5 mins
Reserves		12:00pm	20 mins	5 mins	15 mins	5 mins
Under 19's / Thirds		10:00am	20 mins	5 mins	15 mins	5 mins

**4 game fixture**

Grade	Day	Start	Each quarter duration	¼ time break	½ time break	¾ time break
Seniors	Saturday	2:15pm	20 mins + TO	5 mins	15 mins	5 mins
Reserves		12:30pm	20 mins	5 mins	15 mins	5 mins
Under 19's		10:45am	20 mins	5 mins	15 mins	5 mins
Thirds		9:00am	20 mins	5 mins	15 mins	5 mins

**2. Time On will be applied in the second-half only for Reserves, Women's, Under 19's and Thirds Finals Matches only where previously there was no time on in finals.**

3. Under 19's will now be a 16 a side competition with a maximum of 22 players, and the women's will also now have a maximum of 22 players as an already established 16 a side competition
4. A yellow card is no longer an automatic report, the player will be sent off for 15 minutes and cannot be replaced, but the sent off player can return to the field after 15 mins
5. The 6 matches needed for senior finals qualification will need to be played in either the seniors or reserves, thirds football will no longer count for senior (first XVIII) qualification
6. If the league deems a jumper clash, the "home" team will wear their home guernsey
7. Women's football will still have the last touch rule between the 50 Mtr arc's, however, out of bounds inside the 50 at either end will be a ball up 10 Mtrs in from the boundary replacing a throw in
8. Runners will have the ability to act as Umpire Escorts as part of their duty