



HEADING TOWARDS THE FINALS- BUSINESS END OF YEAR 2017

Are you ticking the boxes?

Am I a team player?
Am I bringing a good attitude to every game?
Am I giving myself the best chance to perform?
Are we all on the same page?
Don't cut corners
Don't settle for mediocrity
Fitness
Performance
Presentation
Read through previous notes
Seek out from older more experienced umpires

Some Tips

Training regime... Match day Preparation...Habit Forming
Understanding the rules interpretations and your coach's words
Watch what the best do
Do that little extra

Discussion

Conclusion

Enjoyment
What does the group want to be known for in 2017?
If it's to be its up to me – no excuses

Enjoy!